



# HERCULES

GROUP OF COMPANIES

## Red Cross Emergency First Aid (T-800)



### Program Overview

This program is designed to meet industry, business and government regulations. The program is highly interactive to prepare first aiders to respond appropriately in an emergency.

### Training Objectives

Upon completion of the program, students will be able to:

- Identify potential scene hazards
- Quickly assess a casualty's injury or illness
- Apply appropriate first aid based on casualty condition

### Course Content

- CPR Level "C" and AED (adult, child, infant)
- Preparing to respond
- Check, call, care
- Airway emergencies
- Breathing and circulation emergencies
- Wound care
- Bone and joint injuries

### Format

The program is a combination of theory and practical exercises. Students are evaluated by means of a written examination. A certificate of completion will be issued which aids in addressing the various legislative requirements placed upon employers to ensure their employees are competent.

### Duration

8 Hours

### Location

The standard program is held at our Head Office and Manufacturing Hub based in Dartmouth, Nova Scotia. However, we are able to utilize our other Hercules locations across the country, or hold the training at your facility.

Contact us for more information: [training@herculeslr.com](mailto:training@herculeslr.com)